Daily selection of sandwiches and jacket potatoes

Fresh fruit and Yogurts available daily

Eastcroft Menu

Spring & Summer 2026

Healthy Schools Knowsley

Knowsley Council

Food for Life Bronze Served Here – Soil Association

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	**Tuna pasta** Tomato and basil pasta served with garlic bread and salad Pancake with selection of berries and ice cream	Katsu curry served with wholegrain rice and naan **Spaghetti on toast** Fruit / Yogurt	Sausage, scrambled egg, hash brown, mushrooms, beans served with wholemeal toast / barm Meatfree sausage, scrambled egg, hash brown, mushrooms, beans served with toast / barm Fruit / Yogurt	Farm Assured roast chicken, roast potatoes, gravy and seasonal vegetables Meatfree fillet, roast potatoes, gravy & seasonal vegetables Fruit / Yogurt	Harry Ramsdens fish fillet, chips beans or peas Spanish Omlette served with salad Lolly Ice
Week 2	Chicken Tikka Curry, Wholegrain rice served with Naan bread Tomato, pepper & cheese topped pizza served with diced potatoes and salad Fruit flavoured flapjack	Chicken chow mein served with noodles Vegetable chow mein served with noodles Fruit / Yogurt	**Pizza served with wedges** Vegetable Tikka curry, wholegrain rice served with Naan bread Fruit / Yogurt	Farm Assured Beef, Mash, gravy and seasonal vegetables Meatfree fillet, mash, gravy and seasonal vegetables Fruit / Yogurt	Fish Fingers, chips, beans or peas Quorn chicken nuggets with chips, beans or peas Angel Delight served with fruit
Week 3	Beef Burger in a bun served with oven cooked wedges and salad Vegetarian Burger in a bun served with oven cooked wedges and salad Cookie with milkshake	Freshly prepared spaghetti bolognaise served with garlic bread and salad selection Vegetarian Spaghetti Bolognaise served with garlic Bread and salad Fruit / Yogurt	Ham & Cheese panini served with salad potatoes & salad selection Cheese & tomato panini served with salad potatoes and salad Fruit / Yogurt	Roast Chicken served with roast potatoes, gravy and seasonal vegetables Meatfree fillet, roast potatoes,gravy & seasonal vegetables Fruit / Yogurt	Harry Ramsdens Fish fillet served with chips and beans or peas Cheese and Red pepper quiche, chips served with salad Ice cream pot

Soybean
Celery
Crustaceans
Fish
Gluten
Lupin
Molluscs
Mustard
Peanut
Sesame
Sulphur Dioxide
Treenuts
Egg
Milk

April 2026

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May 2026

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

June 2026

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

July 2026

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

September 2026

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

October 2026

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

