HEALTHY SCHOOLS NEWSLETTER

MAY 2026 #HEALTHYSCHOOLSKNOWSLEY

Schools Achieving Bronze

Congratulations to....

Prescot Primary
Huyton with Roby Primary
Holy Family Primary (Halewood)
Westvale Primary
Whitson Willis Primary
St Lukes Primary
Evelyn Community Primary
Millbrook Primary
Willow Tree Primary
St Laurence Primary
Malvern Primary
Knowsley Village Primary
Our Ladys Primary
St Columbas Primary
Kirkby Primary
St Joseph the Worker Primary
Ravenscroft Primary
Roby Park
Blacklow Brow Primary
St Brigids Primary
St Annes Primary
Bluebell Park
St Andrew the Apostle Primary
Holy Family (Cronton) Primary
St Margaret Marys Infants Primary
St Marys and Pauls Primary
St Maries Primary

Schools Achieving Silver

Congratulations to....

Westvale Primary
Blacklow Brow Primary
St Brigids Primary
Whiston Willis Primary
Holy Family (Halewood) Primary
Prescot Primary
St Columbas Primary
St Joseph the Worker Primary
Knowsley Village Primary
Bluebell Park
Huyton with Roby Primary
St Laurence Primary
St Margaret Marys Infant Primary

Schools Achieving Gold

Congratulations to....

Blacklow Brow Primary

Register for Snack-tember 2026

Last year, nearly **1 million children and young people** took part in the first ever *Snack-tember*!

Registration for 2026 is now open, so if you work with children and young people aged 5-16 years, in any setting, come and get involved!

REGISTER NOW and be the first to receive the latest updates about *Snack-tember*, and access to ALL the resources as they become available (from early May 2026 onwards).



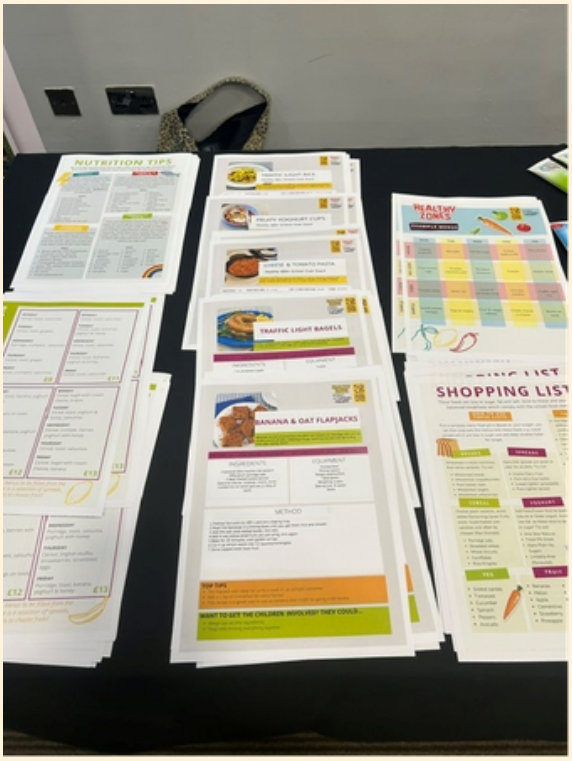
VEGPOWER

British Nutrition Foundation

Attendance at the Wrap Around Conference

This month Healthy Schools made an appearance at the Wrap Around conference. It was a great opportunity to share a range of resources on breakfast and after school club recipes, example menus and top tips!
There was also attendance from City Healthcare Partnership who will be delivering the new Early Years award scheme. If you have any feedback or thoughts on how this should be delivered then get in touch as this is currently under consultation.





Tesco Fruit and Veg Grants

Fruit and Veg Grant
Tesco fruit and veg grant invite schools to apply for up to £1,500 to improve access to fruit and vegetables. Schools can apply by putting forward their projects which can include providing fruit and vegetables as snacks, supporting breakfast clubs, cooking or growing initiatives or healthy snacks at sports clubs.
More information can be found on the Tesco Fruit & Veg Grants Page





Giant Fruit and Veg Challenge
Tesco are running a nationwide competition inspiring children across the UK to get creative with fruit and vegetables.
They are asking children to design a recipe. There are a range of prizes your school recieves for the winning recipe!
Find out more on the Giant Fruit & Veg Challenge Website.

New Kirkby Juniour Park Run!

Kirkby has recently launched its first Junior Park Run. This Park Run takes place every Sunday at Millbrook Millennium Park and is a 2k lap. This is free for families to take part in.
Find out more information on the Park Run Website

THINK- Merseyside Youth Association

THinK stands for Teenage Health in Knowsley and has been designed by young people for young people. THinK was designed as an overall approach to Young People's health & wellbeing.
As well as teenage health, the team also deliver workshops in primary schools covering a range of health topics. Including healthy eating/nutrition, transitioning to secondary school, sun safety and more. Take a look at their website and get in touch with the team. THINK- MYA

ASDA Primary School Sessions!

As part ASDA Huyton's Community work, they have a Community Champion that delivers **FREE sessions** to primary schools!
These include **fruit and vegetable tasting and bread making!**
To enquire about a session in your primary school contact:
richard.gowan@asda.uk

Don't forget to use the Lidl Foodies Programme!

Lidl Foodies is a schools education programme, offering workshops and resources to support food education. These include Lidl Tasters, Lidl Growers and Lidl Makers. Schools can download a range of resources including colourful displays, quizzes, Powerpoints, activity sheets and certificates.
Visit the website to find out more- Lidl Foodies Programme

