HEALTHY SCHOOLS NEWSLETTER

FEBRUARY 2026 #HEALTHYSCHOOLSKNOWSLEY

Schools Achieving Bronze

Congratulations to....

Prescot Primary
Huyton with Roby Primary
Holy Family Primary (Halewood)
Westvale Primary
Whitson Willis PrImary
Willow Tree Primary
St Laurence Primary
Malvern Primary
Knowsley Village Primary
Our Ladys Primary
St Columbas Primary
Kirkby Primary
St Joseph the Worker Primary
Ravenscroft Primary
Blacklow Brow
St Brigids Primary
St Annes Primary
Bluebell Park
St Andrew the Apostle Primary
Holy Family (Cronton) Primary
St Margaret Marys Infants Primary
St Marys and Pauls Primary
St Maries Primary

Schools Achieving Silver

Congratulations to....

Westvale Primary
Blacklow Brow Primary
St Brigids Primary
Holy Family (Halewood) Primary
Prescot Primary
St Columbas Primary
Knowsley Village Primary
Bluebell Park

Schools Achieving Gold

Congratulations to....

Blacklow Brow Primary

Supporting Inclusive Mealtimes for Children with SEND

Food Active have created a free new resource which brings together key insights, challenges, and practical strategies to support more inclusive and flexible approaches to mealtimes for children with SEND.

Supporting Inclusive Mealtimes for Children with SEND





Pregnancy & Baby Event



For families who are thinking of having a baby, already pregnant or have a child up to 12 months.

What's on?



- Meet the Knowsley Start for life and Beyond team
- Demonstrations of sessions
- Fun parenting games
- Family & baby photo opportunities
- Raffle prizes to be won
- The chance to speak to a wide range of professionals

When?

Thursday 12th February 5pm - 7pm
Hilltop Children's Centre, Bedford Close, Huyton, L36 1XH

Thursday 12th March 4pm - 6pm
New Hutte Children & Family Hub, Lichfield Rd, Halewood, L26 1TT

Friday 17th April 12.30pm - 2.30pm
Northwood Family Hub at The Pride, 2 Simonswood Lane, Northwood, Kirkby, L33 5YP

Wednesday 6th May 12.30pm - 2.30pm
George Howard Centre, Lickers Lane, Whiston, L35 3SR

Knowsley Council

KNOWSLEY START FOR LIFE AND BEYOND

Knowsley Smoke & Vape Free- Public Space Protection Order



Knowsley Council are planning to introduce a Smoke and Vape free Public Space Protection Order (PSPO) with the aim to:

1. To protect public health in Knowsley
2. To protect children and young people from harm in Knowsley
3. To prevent crime and anti-social behaviour in Knowsley

To support these aims, the PSPO would create smoke and vape free public spaces in areas used regularly by children, young people and families. This would include playgrounds, visitor centres within parks, school grounds and gates, libraries and culture centres such as Shakespeare North Playhouse. The PSPO would be enforceable through Fixed Penalty Notice if a breach is witnessed.

The PSPO currently has a 6 week consultation period, to share your views in the consultation follow the link: PSPO Consultation

Knowsley Council

Junior Active Travel Ambassadors

Schools that are interest in pupils leading on supporting more active travel within their school and community can work together with the Councils Active Travel Team by engaging in the role out of Junior Active Travel Ambassadors. This would also support work towards Healthy Schools activities.
To find out more contact: **RoadSafety@knowsley.gov.uk**



Eastcroft Park to part in Fibre February!

Eastcroft Park took part in The Food A Fact of Life's 'Fibre February' campaign! The created healthy muffin recipes using wholemeal flour in their after-school club, have swapped white toast to wholemeal in Early Years and started serving wholemeal or 50/50 sandwiches on selected days of the week!

FOOD a fact of life





Bluebell Park Pledge Event

This month Bluebell Park ran their Pledge launch event! This was a fantastic event attended by all pupils. Everyone got involved in the smoothie bike brought to the event by MYA and had discussions on different fruits. Stalls across the hall provided a range of activities for pupils which included colouring in fruit and vegetables, organising food groups on the Eatwell Guide, and designing your own healthy packed lunch and fruit kebabs. There was also sports activities that pupils could get involved in! Pupils loved getting their Pledge stickers too. Well done Bluebell Park!

SCHOOL'S Pledge
FOR A HEALTHIER & ACTIVE FUTURE





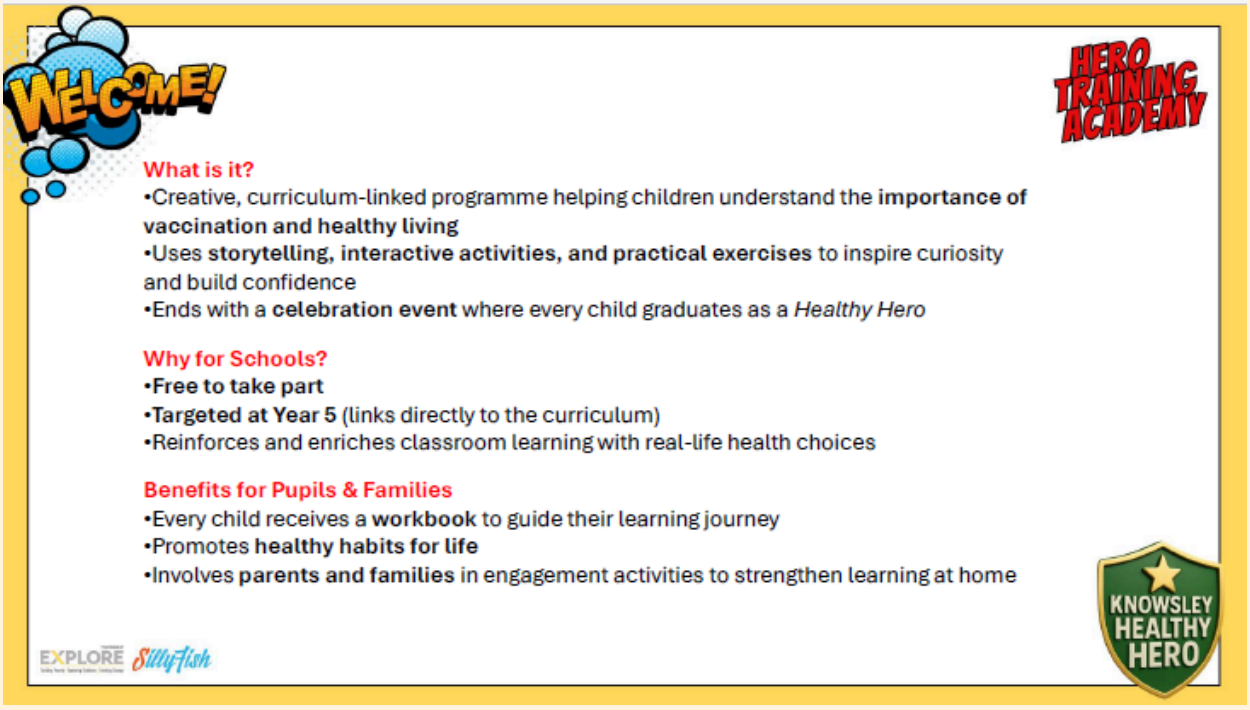






Healthy Heros- Free Programme for Schools





To find out more contact: rebecca@sillyfishlearning.com

Chefs in Schools- Evaluation

PARTICIPANT FEEDBACK

The cohort's feedback was exceptionally positive, specifically highlighting the support provided by the training team (Lee Mitchell) and the accessibility of the format.

Digital Inclusion & Support:

- "First time ever used Zoom so also had to learn how to use it but Lee Mitchell helped me enormously." - Joanne Eames
- "The Zoom meetings are a brilliant and convenient way... as a working mum it would have been harder for me to travel to meetings then rush home." - Kerryann Swanson
- "Lee was great, always there if you needed anything and great knowledge." - Joanne Martindale

Practical Application:

- "I really enjoyed the in-kitchen as we were able to physically make what we were learning about... since then I have made the gluten 'Pea' cake in our school and the kids are impressed." - Kerryann Swanson
- "Swapped a few things for healthier things... every topic we covered I have taken on board in our kitchen." - Joanne Martindale

Metric	Score
Likely to use learning in job	Very Likely (100%)
Quality of training team	10/10
Zoom sessions	10/10
In-kitchen training	10/10
Learning website	10/10

"I've treated it as a day out as it was off the scale for any other courses I have attended. The knowledge I have learnt will be more than useful in my job."

JOANNE EAMES, LEAD CHEF

"I have worked in our kitchen for 17 years... I learnt so much that I would never have known. I feel confident in explaining to our children about the importance and benefits of healthy eating! We are now setting up an after-school cookery club... so not only have I benefited, the children will also."

KERRYANN SWANSON, SCHOOL CHEF



PHOTOS





