



Friday 30th January 2026 www.eastcroftpark.co.uk

This week's attendance winners are:

KS1 Year 1

KS2 Year 5

Well done to you all !!

Happy birthday Dexter Price
who has celebrated his
birthday this week

On Wednesday 25th February lunchtime is a special Chinese New Year meal to celebrate the Year of The Horse. The meal will consist of Salt & Pepper Chicken, Vegetable Chow Mein Noodles, Spring Rolls and Prawn Crackers. For children who do not receive free school meals the cost is £1.00

Free FACE courses February
2026 Timetable is attached

Dates for your Diary

06.02.2026: NSPCC
number day

February Half term dates
16.02.2026 to

20.02.2026

05.03.2026: World Book
day

What went well this week

Nursery: Wonderful 3d Dinosaurs !

Reception: Amazing writing in English

Year 1: Super story writing

Year 2: Perfect planning

Year 3: Fantastic Fractions

Year 4: Fabulous recall of facts about Polar bears

Year 5: Fantastic forces

Year 6:Amazing adaptation work

A big well done to all our pupils who took part last week in Knowsleys litter picking campaign. You all did a fantastic job !



Free Universal Breakfast Club

Our school will continue to deliver a free universal breakfast club for all children as the funding from the government has been extended until 31.03.2027 for children from reception age to Year 6. Nursery children can continue to attend breakfast club with voluntary charge of 50p per day- . To foresee staffing, if your child **does not** usually attend breakfast club, you will be required to book a place for your child. If you would like your child to attend, you must book by 12.00 on the previous day and state how many days the place is required for. You can email the office on eastcroft@knowlsey.gov.uk or use the booking system on parent app, you will find the form within the section consent forms called 'breakfast club'. See the menus attached

NSPCC Number Day 2026: This year Eastcroft Park will be taking place in the NSPCC number day On Friday 6th February 2026 we will be having a fun filled day of maths activities inside and outside the classroom whilst helping raise funds for the important work the NSPCC does All children are invited to attend school in a maths themed mufti day - children can wear anything that contains numbers and digits.! We are asking for a £1.00 donation for everyone attending school in their number themed clothes



Breakfast Club Menu



WEEK 1

Monday

Cereal, beans on toast,
Bananas



Tuesday

Cereal, pancakes with selection
of fruit, toast



Wednesday

Cereal, scrambled egg on muffin
or toast



Thursday

Cereal, cream cheese bagel & fruit
or toast



Friday

Cereal, beans on toast



Knowsley Council



Breakfast Club Menu



WEEK 2

Monday

Cereal, and toast



Tuesday

Cereal, yoghurt and toast



Wednesday

Cereal, fresh fruit and toast



Thursday

Cereal, and toast



Friday

Cereal, banana muffin or toast



Knowsley Council



09/01/2026

Dear Parents/Carers,

FACE School Annual Membership

Eastcroft park School have bought an annual membership for the academic year 2025/2026 with FACE (family, advice, communication and education)

Face delivers online support via zoom for Parents and Carers

Every month we will send you the Newsletter and Timetable. I have attached the January 2026 Newsletter for your information

FACE offers parents practical advice, information and support, across a wide range of topics, including supporting neurodiverse children, understanding emotions and managing behaviour.

The Eastcroft Park Primary School Code is EP300625

This code grants all Eastcroft Park parents/carers access to all FACE Parent Talks (usually £24 each) for the next 12 months.

The talks are on a four-weekly rotation and alternate between morning sessions (10:00-11:30) and evening sessions (19:00-20:30).

Links to recordings of the talks are available for 48 hours after the live session. If you cannot make a live session, book on and then email to request the recording link.

How to Use the Code:

Visit the **PARENTS** page of the FACE website (facefamilyadvice.co.uk) to view the 16 regular talks for parents.



Choose a topic and click through the booking calendar to find a date and time that suits you.

At the payment stage of booking, enter the code **EP300625** where it says **ADD PROMO CODE**. This will reduce the price from £24 to £0.

Important:

You do not need to book the FREE sessions for parents , as these are for parents from schools that have not purchased the discount code. They are shortened versions of the regular talks which you now have free access to.

The code **EP300625** can only be used for the regular £24 each Parent Talks from Eastcroft Park School and cannot be shared with parents from different schools. Improper use of the code can result in immediate code cancellation for the whole school.

For further information please refer to Eastcroft park School website
<https://www.eastcroftpark.co.uk> or contact the school office on 01514778210
email eastcroft@knowsley.gov.uk

Yours sincerely

Julie Withey
Head teacher





FEBRUARY 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	2 Feb 10am
Improving Family Communication	2 Feb 7pm
Supporting A Child with ADHD	3 Feb 10am
Understanding Addictive Behaviour	3 Feb 7pm
Anxiety Based School Avoidance	9 Feb 10am
Anxiety Explained	16 Feb 10am
Cannabis and Ketamine Awareness	16 Feb 7pm
What is ACT?	17 Feb 10am
Introduction to OCD	17 Feb 7pm
FREE - Reducing the Harm from Screens	19 Feb 7-8pm
Understanding the Teenage Brain	23 Feb 10am
Raising Self-Esteem	23 Feb 7pm
Decreasing Depression	24 Feb 10am
Supporting Healthy Sleep	24 Feb 7pm
Understanding Anger	9 Mar 7pm
Facing Defiance	10 Mar 7pm

Is your child experiencing anxiety?



NHS

Knowsley MHST are excited to offer a parent led group intervention that will aim to support parents to manage their child's worries and anxious expectations. These groups will take place in local community centres, register your interest below.

DOES YOUR CHILD COMPLAIN ABOUT FEELING SICK WHEN THEY ARE WORRIED ABOUT SOMETHING?

DOES YOUR CHILD SEEK REASSURANCE FROM YOU BEFORE CERTAIN SITUATIONS?

DOES YOUR CHILD NOT WANT TO GO TO SCHOOL DUE TO FEELING WORRIED?

DO THEY STRUGGLE TO GO TO SLEEP AS THEY FEEL ANXIOUS?



Then register your interest by clicking or scanning the QR code below



KNOWSLEY MHST:

OFFICE: 01925 664 120

**OFFICE HOURS: MONDAY TO FRIDAY:
9.00AM – 5.00PM**

*It takes less
than 5 minutes!*

<https://forms.office.com/e/N2agUhuvsA>

HOLIDAY DATES 2025-2026

SHADED AREAS ARE SCHOOL HOLIDAYS AND 5 STAFF INSET DAYS

AUTUMN TERM

CHILDREN ATTEND – 2nd SEPTEMBER TO 19th DECEMBER

HALF TERM HOLIDAY – 27th OCTOBER TO 31st OCTOBER

CHRISTMAS HOLIDAY – 22nd DECEMBER to 2nd JANUARY

SPRING TERM

CHILDREN ATTEND – 5th JANUARY to 27th MARCH

SPRING HALF TERM HOLIDAY – 16th FEBRUARY to 20th FEBRUARY

EASTER HALF TERM – 30th MARCH to 10th APRIL

SUMMER TERM

CHILDREN ATTEND- 13th APRIL to 22nd JULY

HOLIDAY MONDAY – 4th MAY

WHITSUN HALF TERM – 25th MAY to 5th JUNE

SEPTEMBER 2025							OCTOBER 2025							NOVEMBER 2025							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
1	2	3	4	5	6	7			1	2	3	4	5						1	2	
8	9	10	11	12	13	14		6	7	8	9	10	11	12	3	4	5	6	7	8	9
15	16	17	18	19	20	21		13	14	15	16	17	18	19	10	11	12	13	14	15	16
22	23	24	25	26	27	28		20	21	22	23	24	25	26	17	18	19	20	21	22	23
29	30							27	28	29	30	31			24	25	26	27	28	29	30
DECEMBER 2025							JANUARY 2026							FEBRUARY 2026							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
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22	23	24	25	26	27	28		19	20	21	22	23	24	25	16	17	18	19	20	21	22
29	30	31						26	27	28	29	30	31		23	24	25	26	27	28	
MARCH 2026							APRIL 2026							MAY 2026							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
						1			1	2	3	4	5					1	2	3	
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9	10	11	12	13	14	15		13	14	15	16	17	18	19	11	12	13	14	15	16	17
16	17	18	19	20	21	22		20	21	22	23	24	25	26	18	19	20	21	22	23	24
23	24	25	26	27	28	29		27	28	29	30				25	26	27	28	29	30	31
30	31																				
JUNE 2026							JULY 2026														
M	T	W	T	F	S	S	M	T	W	T	F	S	S								
1	2	3	4	5	6	7			1	2	3	4	5								
8	9	10	11	12	13	14		6	7	8	9	10	11	12							
15	16	17	18	19	20	21		13	14	15	16	17	18	19							
22	23	24	25	26	27	28		20	21	22	23	24	25	26							
29	30							27	28	29	30	31									

HEALTHY FAMILIES COURSE

Join our 5-week course designed to support families
to make healthy lifestyle changes together!

For families with children aged 7-11.



Physical Activity

Each week families will play
fun, interactive games.



Resources & Recipes

Weekly resources to support
lifestyle changes.



Healthy Eating

Each week learning about a
new healthy eating topic.



Cooking Session

Develop new cooking skills and
create low-cost tasty meals.



To register interest or to find out more,
email: HKSchildren.families@merseycare.nhs.uk
or scan the QR code and complete the form.

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Triple P Positive Parenting

Triple P gives you simple, practical strategies to help you raise happy and confident children

Why not come along to our 5-week programme and learn proven strategies from trained facilitators to:

- raise happy, confident children
- manage misbehaviour so everyone in the family enjoys life
- set rules and routines that everyone respects
- encourage behaviour you like
- take care of yourself as a parent.

**Starting: Monday 12th January 12.30pm - 2.30pm
at St Johns Info Zone, Manor Farm Road, Huyton L36 0UE**

**For more information and to book a place please contact:
Annmaria: 07825 117 500
Or alternatively parenting@knowsley.gov.uk**



Knowsley
foodbank
FOOD CLUB

Charity No. 1196064

**Join the Tower Hill
Food Club!**

@ Tower Hill Community Centre,
Ebony Way, L33 1XT

Food Club members pay £3.50 a week and choose up
to 10 items of food and other necessities, or pay £5 for
up to 15 items.

**Every Tuesday,
12pm - 2pm**

Find out more about Knowsley Foodbank:  knowsleyfoodbank.org  0151 673 1250